



Advanced Gastroenterology

## EGD INSTRUCTIONS

You should arrive for your procedure(s) at:

DATE: \_\_\_\_\_

TIME: \_\_\_\_\_

Your procedure has been scheduled with:

Dr. Son Do

Dr. Samuel Sim

Your procedure has been scheduled at:

**Advanced Gastroenterology, PLLC**

2415 NE 134<sup>th</sup> Street, Suite 205  
Vancouver, WA 98686  
360-576-5060

**Legacy Salmon Creek Hospital**

Special Procedures/Surgery-2<sup>nd</sup> Floor  
2211 NE 139<sup>th</sup> Street  
Vancouver, WA 98686  
360-487-1830

**Southwest Washington Medical Center**

Short Stay Unit  
400 NE Mother Joseph Place  
2<sup>nd</sup> floor, 5<sup>th</sup> Street Entrance  
Vancouver, WA 98664  
360-514-2895

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**DAY BEFORE EGD:** \_\_\_\_\_/\_\_\_\_\_

1. Eat normally until MIDNIGHT.
2. At MIDNIGHT, **do not** have anything else to eat. You can only have **clear liquids**.
  - Coffee is okay with NO cream
  - DO NOT drink milk
  - DO NOT eat or drink anything red or purple
  - DO NOT drink alcoholic beverages

**MORNING OF EGD:** \_\_\_\_\_/\_\_\_\_\_

1. At \_\_\_\_\_ AM/PM **stop** all liquids. You cannot have anything else to drink.



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**IMPORTANT** Concern for your safety makes us insist you have someone to drive you home. **If you have not arranged for a driver, the procedure will be postponed.** Your driver will need to come into the Endoscopy Center to pick you up. **Taxi or C-Van is not allowed unless you are escorted by a friend or family member.** You will not be allowed to drive for 24 hours.

### **Allowed Medications:**

Medications you take for the following conditions should be continued as usual on the day of the procedure. These should be taken with a small amount of water, **4 hours before your arrival time.**

- Heart Problems
- High blood pressure
- Fluid retention
- Female hormones
- Thyroid disorder
- Depression or anxiety
- Asthma/emphysema
- Stomach ulcer or excess acid
- Seizure disorder

### **NOT Allowed Medications:**

- Plavix
- Iron Supplements – Stop 5 days prior to your procedure

### **Special Instructions for Coumadin/Diabetic Medications:**

#### **Coumadin/Plavix:**

Your last dose should be taken on \_\_\_\_\_.

At the time of your procedure, your doctor will tell you when to restart the Coumadin/Plavix.

#### **Diabetic Pills:**

Do not take your diabetes pills the day of your procedure. You can take \_ the dose of your diabetes pills the day before the procedure.

#### **Insulin:**

On the day before your test: Take your regular dose in the morning.

That night, take \_ your regular dose.

On the day of your test: **Do not take any insulin. Make sure to take your blood sugar that morning and report it to the nursing staff as they prepare you for your procedure.**